

swim for engie AGAINST CANCER



Alexandria Masters Swimming and Alexandria West Rotary are hosting the fourth **Swim for Engie fundraiser** to support Dr. Otis Brawley's research in cancer disparities at the Johns Hopkins Kimmel Cancer Center which is working to close racial, economic, and social disparities in the prevention, detection, and treatment of cancer. We do this fundraiser in honor of our teammate, Engie Mokhtar, who is battling stage four metastatic breast cancer. This year we're also swimming in honor of another cherished teammate, Doug Prince, who was recently diagnosed with Hairy Cell Leukemia.

Waynewood Pool

1027 Dalebrook Drive, Alexandria, VA 22308

Saturday, August 24, 2019 • 8 AM - 10 AM

Donate Here: <http://bit.ly/swim4engie>

ENGIE AND DOUG'S STORY

Engie's battle with cancer began in October 2010 when she was first diagnosed with breast cancer. She underwent chemotherapy, surgery, and radiation through 2012. And she believed she had kicked it. However, in April 2015 scans revealed that she had brain tumor caused by the original cancer. That tumor was treated successfully but the cancer has since reappeared and spread.

Doug's battle began in December 2018 when a routine physical revealed a low white blood cell count. This led to further monitoring and a bone marrow biopsy in May 2019. It confirmed he had Hairy Cell Leukemia which was treated with chemotherapy. Engie and Doug want to do everything they can to beat cancer. We want to help. **Please join us! Please donate! Any bit you can do will help!**

HOW TO PARTICIPATE

- 1. SIGN UP** at <http://bit.ly/swim4engie>. Anyone can participate so **spread the word!** Kids are welcome if they can swim laps!
- 2. PICK YOUR GOAL.** You can swim a set distance or just give it your all and see how close you can get to the maximum limit of 200 lengths (5,000 meters). Waynewood is a 25 meter pool.
- 3. FIND DONORS** to sponsor your efforts. Contributors can make a set pledge or sponsor you a certain amount for each length swim.
- 4. SHOW UP AND SWIM.** The event starts at 8 AM on August 26 and goes until 10 AM. We're asking all swimmers to contribute \$10 cash to participate to offset our cost of holding the event so that all the money we raise goes towards research to defeat cancer!

QUESTIONS?

Contact Madeline Muravchik at swimforengie@gmail.com



Alexandria West
Rotary

